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## **Root Canal Post-Op Instructions**

## NOTE:

- Endodonic (root canal) therapy is a specialized dental procedure that depends on periodic monitoring to maintain the health of the tooth.
- A tooth with a root canal will no longer be sensitive to heat, cold or sweets, a typical warning sign of potential dental problems. Periodic x-rays are needed to assess the health of the tooth.
- Should you have any questions regarding your root canal, contact our office. Please keep your scheduled appointments.
- Regular oral health checkups as recommended by your dentist will detect minor problems before they develop into major concerns.

Patient Name:	

# After your root canal:

- I. Some degree of discomfort is normal for a period following root canal therapy. Individual experiences vary depending upon a number of factors:
  - Your original diagnosis
  - Pain prior to treatment
  - Amount of manipulation required in treatment
  - Individual reaction to dental therapy
- 2. Analgesics and antibiotics may be required and should be taken as directed.
- 3. Avoid chewing on the treated side until soreness subsides.
- 4. Brush and floss gently around root canal site.

#### Fill in blanks:

For discomfort following root canal therapy, use \_\_\_\_\_\_\_.
To control infection \_\_\_\_\_\_.
Follow-up appointment \_\_\_\_\_\_.
Special instructions: \_\_\_\_\_\_\_.

## **CALL US IMMEDIATELY TO REPORT ANYTHING UNUSUAL!**

# Contact our office if you experience any of the following:

Pain	Fever
Swelling and tenderness in nearby gums	Looseness in a tooth
Prolonged sensitivity to heat and cold	You suspect something is wrong

I acknowledge that I have received and understand the above instructions on aftercare procedures following root canal therapy. I have also been informed of the necessity for periodic dental examinations and x-rays to monitor my dental health.

<b>X</b>		
	Patient's Signature	Date